Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Theme** | **Item** | **Has been taught** | **Can do on their own (passed)** |
| **Sign / date** | |
| Whipping | West Country whipping |  |  |
| Sailmaker's whipping |  |  |
| Simple whipping |  |  |
| Knots | Bowline |  |  |
| Sheet bend |  |  |
| Round turn & 2 half hitches |  |  |
| Figure-of-eight knot |  |  |
| Fisherman's knot |  |  |
| Timber Hitch |  |  |
| Bowline-on-a-bight |  |  |
| Manharness hitch |  |  |
| Rolling hitch |  |  |
| Running bowline |  |  |
| Taut line hitch |  |  |
| Marlinspike hitch |  |  |
| Fishing | Blood knot |  |  |
| Fisherman's surgeon knot |  |  |
| Lashings | Square lashing |  |  |
| Diagonal lashing |  |  |
| Figure-of-eight lashing |  |  |
| Round lashing |  |  |
| Sheer lashing |  |  |
| Splices | Back splice |  |  |
| Eye splice |  |  |
| Docker's splice |  |  |
| Short splice |  |  |
| Project | Construct two of the following projects, on your own:   1. Camp table or dresser using lashings. 2. Flagpole at least 5m high using round lashings. 3. Model bridge (monkey bridge or trestle bridge). 4. Raft to carry two persons. Demonstrate it on water. 5. Scout transporter or Haymaker Bridge. 6. Or another project approved by the examiner. |  |  |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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